

THE NORTON MESSENGER

April 2017



EDITORIAL:

Spring has most definitely arrived. Thank you to Robert Lenko for the beautiful image on this front cover – the full picture, and others, are included on page 3.

We have an update from Beyton Swimming pool (page 5) and a call for new players at Thurston Cricket Club (page 11).

There is the penultimate installment of Mrs Kate Taylor's Autobiography on pages 9 and 10. Talented Norton (pages 12 and 13) has more of Mrs Jaggard's beautiful sketches from 1982. Not forgetting, of course, all the Easter celebrations that are going on around the village - The Salvation Army's Easter Egg hunt is advertised on page 6!

If you would like to include anything in the May issue, please send it to me by 15th April – nortonmessenger@gmail.com.

Please also email me any images you would like to share for the May issue by the same date.

Thank you in advance, and best wishes for the coming month, Sarah.



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PARISH COUNCIL NEWS

Chair: Andrew Burt, - andysautofix@yahoo.com
Vice Chair: Kirsten Fullam – kafullam@outlook.com
Parish Clerk: Jill Rowland – rowland@talk21.com

PARISH COUNCIL SUMMARY

ANNUAL PARISH MEETING

Monday 10th April 2017 7.30pm
NORTON BAPTIST CHURCH

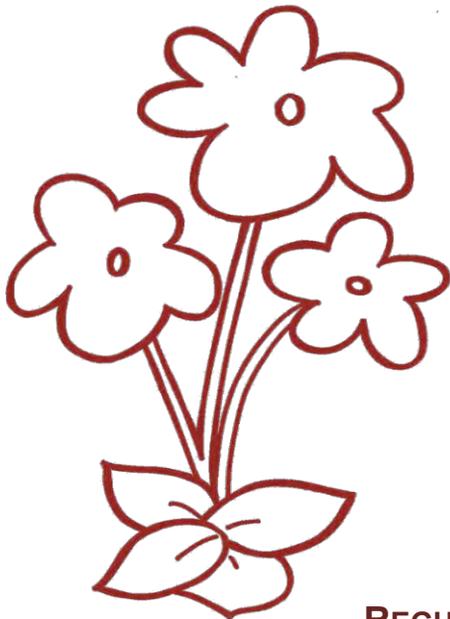
ALL MEMBERS OF THE PUBLIC ARE WELCOME TO ATTEND

It is hoped that the District Councillors and County Councillor will be in attendance. It will be your chance to question them and the Parish Council or comment on matters.

VILLAGE HALL UPDATES

Works are nearly complete on the toilet renovations at the Village Hall and we expect to be completed by early April.

We can confirm that a Pig Racing Night has been organised for 17th June. This event was a sell out last year so get your tickets asap! We have several other events planned for the social life of the Village - more details will follow.



REGULAR VILLAGE EVENTS

Monday	Toddlesong for 0-4 years -- 0930-1130 -- Salvation Army Hall Jo's fit4all Class -- 1930 -- Village Hall Foodie Mondays at the Norton Dog. £10. for 2 courses & £15. for 3 courses from a special menu
Tuesday	Carpet Bowls -- 1400 -- Baptist Hall '610' Children's Club -- 1800-1900 -- Salvation Army Hall (term time only)
Wednesday	Zumba -- 1815 & 1930 -- Village Hall
Thursday	Lunch Club at the Salvation Army -- 1200-1300
Friday	Zumba -- 0915 -- Village Hall
Sunday	Norton Adult Football - Contact Aaron (aaron.florian@btinternet.com)

FRONT COVER IMAGES



Spring is here. *Pictures by Robert Lenko*



Early morning sky (above)
Blue skies (above right)
The daffodils are out (below)
Pictures by Sarah Sharpe.



April Coffee Morning

Wednesday 19th April 2017
10.30 till 12.00

All welcome for coffee, tea and a chat.

This month, the coffee morning will be
at the home of
Don and Janet Bauer, Holly Bank,
Ixworth Road, Norton.

On the right hand side as you head out
of Norton towards Ixworth.

If anyone wishes to host a coffee
morning in the future, please contact
Penny – 01359 232472



NORTON AND DISTRICT TWINNING ASSOCIATION



Forthcoming events:

May 25th – 28th Visit by our friends from Muids. To include a Welcome Reception on arrival and a Medieval Banquet on the evening of May 26th .

July 15th Summer Social – a members only event – Treasure Hunt followed by a BBQ

August 20th French Boule and Croquet – a members only event – Cost £5.00

October/November Wine Tasting open to all. Details to follow.

For more information
on any aspect of Twinning Association membership and social events
please contact Jane Williams, the Membership Secretary,
by email at penrhiwgarn@hotmail.com

Norton & District Twinning Association

Menu

To Start
Join Norton & District
Twinning Association

Main Course
Meet new people and enjoy
our many events

Dessert
A chance to go to France and to
host our friends from Muids

For further information please call our membership secretary
Jane Williams on 01359 244 654

NORTON W.I.

Family History is something which fascinates many people, especially these days when families live further away from each other. Knowledge such as a Great-Aunt may have can easily be lost and never communicated to the younger members of the family. Starting with the older members of the family though may be a good way to start. Looking out old photos, Birth Certificates and any other certificates, Baptismal Cards, and Family Bibles can be a good source of information. People often wrote the significant events of the family in them and so these can give one a good start. It is important right from the beginning not only to make notes on any information gleaned but also to record the source of that information. Keeping the notes in good order goes without saying. Much information these days can be found online and a subscription to Ancestry.Com or Find my Past can be very useful. At the touch of a button lo and behold you may find where Grandad was born, died or what he did in the War. Military records and war graves are particularly well resourced and photos of a war grave may be available for a small cost. Our speaker on this subject has been doing research on her families for many years and hopes to continue to do so; perhaps others will do the same.

The April meeting will be a talk and demonstration of some exercises designed to keep us fit and moving as we get older, so this should be a lively meeting. Before then some members will be attending the local Federation AGM at The Apex, when the main speaker will be Gyles Brandreth. We look forward to hearing what he has to say.

We meet in the Baptist Chapel Hall on the first Monday of the month, unless it is a Bank Holiday, at 1430, so the next meeting will be on Monday 3rd April. Do come along, you will be sure of a warm welcome.

BEYTON SWIMMING POOL

Did you swim at Beyton school pool? This large and lovely outdoor pool closed in 2015 when the ancient boiler gave up, but since then there has been a campaign to restore and re-open it for community use. The project is now gaining momentum, with support from Thurston Community College to lease the pool and changing room to a community group.

To refurbish the pool and changing room to modern standards will cost some £120,000. Fundraising has

SALVATION ARMY

DATES FOR APRIL

Sunday Services at 1100 & 1800
(Family service/Cafe Church 2nd at 1045)

Monday Toddlesong 0930am -1130
Tuesday '610' Children's Club 1800 - 1900
Thursday Lunches 1200 open to all ages
Friday 7th Games Night 1930
Friday 21st Craft Night 1900

EASTER

Thursday 13th Maundy Thursday
meditation & supper 1930
Friday 14th United service with Baptist Chapel
(at SA) 1030
Sunday 16th Morning worship 1100.
Easter Praise 1800.

A warm welcome to you to come and share in a time of reflection, as we think of Jesus death on the Cross and celebrate His rising from the dead on Easter day.

DATE FOR YOU DIARIES

Spring Fayre, Plant & Tabletop Sale
Saturdays 6th & 20th May - 1100
More details next month

For more information about services or events at the Army contact

Captains Andrew & Jackie Jarrold
on 01359 240787.

Email: Andrew.jarrold@salvationarmy.org.uk /
Jackie.jarrold@savationarmy.org.uk
website: www.nortonsalvationarmy.co.uk

already started, with the next event a car boot sale at Beyton Campus on 28th May.

The team is always looking for new volunteers – e-mail Helen Geake on hg260@cam.ac.uk if you can spare some time to help, or find our stall at the car boot sale.



Norton Salvation Army Hall
Woolpit Road Norton

Come and have fun at our

Easter Egg Hunt

with
Face Painting, Games, Crafts
and Refreshments



And Easter Eggs!

2-4pm

Easter Saturday

15th April

ST. ANDREW'S CHURCH.

(Part of the Benefice of Pakenham,
Norton & Tostock, with Great Ashfield,
Hunston & Stowlangtoft)

Priest-in-Charge: Revd. Katherine Valentine
Tel: 01359 235095
Email: katherine@kavalentine.plus.com

Our beautiful and ancient church is open daily for
visitors and for private prayer.

APRIL 2017

2nd	1100 Morning Prayer
9th Palm Sunday	1800 Evensong
13th Maundy Thursday	1900 Agape Supper at Pakenham
14th Good Friday	1000 Easter Garden Service
16th EASTER DAY	0630 Holy Communion 1100 Family Festival Communion
23rd	0930 Family Communion
30th	1000 Benefice Communion at Tostock

MAUNDY THURSDAY 13th APRIL

AGAPE SUPPER 1900 -

PRAYER VIGIL UNTIL 2100 - ST MARY'S PAKENHAM

All welcome to this service which seeks to re-enact the Last Supper of Jesus and his disciples. We will share a simple meal together, which leads into the Communion service. The supper will be followed by a Vigil of prayer until 2100.

All welcome. Please sign the lists at the back of our churches to indicate you are coming just to give us an idea of numbers for catering purposes.

GOOD FRIDAY EASTER GARDEN SERVICE

14th April St Andrew's Norton 1000

Children and families are all welcome on this very special day to come along to this short service and then to stay on to help make the Easter Garden in Church, and enjoy some Hot Cross Buns. Please bring any materials you think will help make the garden; e.g. compost, flowers, greenery, small plants, interesting stones. And then bring all your families and friends on Easter Day to admire your handiwork!

BENEFICE COMMUNION 30TH APRIL 1000

TOSTOCK

This will be a special service as we give thanks for the Ministry of Alan Taylor as our Reader. Alan has taken regular services over his many years living in Norton, and conducted many funerals, so there is much to give thanks for. He now feels it is time for him to step down from this Ministry, although we are not saying goodbye as he is not moving house. Please come and join in our thanks to Alan, and listen to him preach his last sermon.

SAVE THE DATE!

PRAYER 12 - SATURDAY JUNE 3RD- ALL DAY IN
NORTON CHURCH

What or who do you think needs our prayers?

As part of the national initiative called 'Thy Kingdom Come' by all the churches in the UK for the week between Ascension & Pentecost, all the churches in Norton and in the Benefice will be committing to twelve hours of prayer, praying in response to your requests. Look out for more info next month.

CONFIRMATION 2017

This year the Deanery Confirmation will be at Hopton in September.

Anyone wishing to be confirmed please get in touch with me so we can arrange the necessary preparation, which will take place in May and June. If you are thinking about confirmation, but not sure what is involved, or would just like a chat about it, again, please contact me. Katherine.

Annual Vestry &
Annual Parochial
church meeting

26th April,
1930 in St Andrews Church.

For more information, please contact Penny
- 01359 232472

St Andrews Church – Floodlighting

The lights in March have been sponsored by Ron Woodham in memory of his wife Lynn.

The lights in the 3rd and 4th weeks of April are sponsored by Mike and Mary King.

Would you like to celebrate a special event, memory or person?

Our historic village church looks beautiful lit up at night and you can sponsor the lighting as a celebration which is shared with all the village.

The lights will now be on until 0200.

A list of your dedications will be published in the Messenger.

There are still opportunities for sponsorship.

Only £10 per week.

For details, contact Martin Wood
Email: ali.etal@tiscali.co.uk;
Phone: 01359 242367



DOWN OUR STREET. The Reading Room.

John Nunn Trevethan was born in Bury St Edmunds in August 1827, the son of John Trevethan builder and one time Mayor of Bury, and his wife Martha (Nee Nunn). He studied at Emmanuel College Cambridge graduating with a BA in 1851 and was ordained at Norwich Cathedral on 22nd May 1853. He became Curate at St Andrew's Church in about 1854 serving under Rev Dr Aldersey Dicken DD. During his curacy, he was responsible for the setting up of Norton's Reading Room.

The mid-19th century Reading Room movement came about as part of a temperance drive to keep working men – in this region, agricultural labourers– out of taverns and ale-houses. Reading rooms were originally imposed upon the working classes by the upper classes, mainly the church and local landowners. Their establishment reflected contemporary attitudes to philanthropy, recreation and self-help and confirmed the great class divide. The reading room also appealed to lower middle classes with membership generally being restricted to males.

The Norton Reading Room opened in abt 1856 and was one of the earliest to be established in Suffolk. One has to remember that Norton had only had a school since 1837, (the foundation stone was laid in April 1836) and schooling would have been very basic, with large classes. Many of the older men would have had no formal education at all. Often, groups of men would have listened whilst a more educated member read out loud from books or newspapers. Very few workers could afford to buy a paper or book in those times. Norton's Reading Room always had a plentiful supply of Daily Papers and Periodicals. The building was open each evening from 5pm till 10pm. The reading room had a small quarterly subscription. For that, as well as daily papers and publications, men could play games such as draughts, nine man's morris and listen to a piano player. It was also a warm, cheerful, quiet place to sit and chat without causing any financial burden to the home. Mr Peter Huddleston Esq., of Little Haugh, presided as President of the Reading Room Society.

Lectures were arranged on the calendar and given by various speakers such as Dr Thomas Barsham, the village surgeon and apothecary, and Rev. Trevethan. Apart from lectures, several musical evenings were arranged with works from favourite composers being played by visiting pianists and sometimes accompanied by vocalists. Here are some examples:-

Thursday 31 Dec 1857. Lecture on How to make a happy home. By Rev Trevethan. "The Rev lecturer very forcibly alluded to the many inducements which a man has to attend a pubic house, in consequence of neglect and mismanagement at home and advice was given to all parties respecting domestic comforts in general; the

lecturer concluding by stating that in order to make a home happy, the Bible should lie on every table and good use be made of it."

Thursday 28 Jan 1858 at Reading Room, Norton.

Lecture on The Planetary system, including seasons, tides, phases of the moon, eclipses both lunar and solar and refraction of the atmosphere. All illustrated with diagrams around the walls.

16 Apr 1859. Watt and the Steam Engine. Mr E M Dewing

1859. Dr T Barsham's lecture on 'The Eye'

Friday 24 Feb 1860. at Reading Room, Norton. Lecture on Progress. Followed the progress made since the time of Henry VIII till present, both at home and in agriculture.

Tuesday 4 Feb 1862 at Reading Room, Norton. Reading about the Hartley Coal Mining

Disaster. The Hartley Colliery disaster was a coal mining accident in Northumberland, England that occurred on Thursday 16 January 1862 and resulted in the deaths of 204 miners. A collection was taken for the bereaved. £2. 10s. 6d. raised.

Monday 10 March 1862 at Reading Room, Norton.

Lecture on air with experiments on pneumatics and electricity. 200 people attended.

25 Jan 1858 a meeting was held at Woolpit Rectory to discuss the desirability of setting up a Reading room in the parish, similar to that in Norton.

A Reading Room was opened at Ixworth on 20 Oct 1862. Mr. Nunn Jnr in the chair of the meeting said there were 40 persons ready to become subscribers and Mr. Cooper had provided a suitable room, heating and lighting. It was to provide free admission for the working classes. Mr. Wiseman gave his support and said that he had made inquiries about the workings of the similar institution at Norton, which was very satisfactory. It was noted that Rev S Blackall's subscription was on the condition that it was not open on a Sunday. Mr. Cooper regretted it, saying that it was better to improve one's intellect on a Sunday evening rather than hanging around on street corners or spending time in a pub. *Ex nihilo nihil fit!* -Out of nothing comes nothing.



1859 at Pakenham School for the Reading Society. A lecture on Habits. However, by May 1875 the financial accounts for Pakenham's 'Village Club and Reading Room' show that there were less than half the number of members that there had been when it started (50). Mr Witt, father of the Society stated sadly that it was running at a loss with an income of £13. 6s. 5 1/2d and an expenditure of £14. 17s. 8 1/2d. He hoped that each member would try to encourage new subscribers. It was the younger men who had recently left school who were not joining. Lads 14-18, 6d a quarter.

In the twentieth century, as other diversions appeared and the countryside became more democratised, reading rooms gradually declined. Norton's reading room became an annex to the school and was used for teaching cookery and when the new school opened it became the garage to a tipper lorry. Reading rooms were, for fifty or so years, an important part of village

life and have left interesting evidence of former lifestyles and attitudes.

Rev. J. N. Trevethan died aged just 41 (4th December, 1868) and is buried at St Andrew's Church, Norton.

The Reading Room is in The Street, opposite Maltings Cottage, and is now a private house.

NORTON.	
READINGS AND MUSIC. —The second entertainment for the season in connection with the Norton reading-room was given on Tuesday week before a very large audience, who much enjoyed the amusements provided for them. P. Huddleston, Esq., occupied the chair, and the following programme was very successfully executed:—	
PART I.	
Song—“The Wanderer” (Miss A. Huddleston).	Schubert
Song—“The Mill Wheel” (Mr. F. R. Statham)	
Duet—“Cupid in the Kitchen” (Miss Sturgeon and Mr. Porrett)	
Song—“Happy go lucky am I” (Mr. Gooch)	
Part song—“Oh, who will o'er”	.. Fearnell
.. “Home they brought her warrior dead”	Miss Lindsay
(Miss A. Huddleston)	
Reading—“Horatius” (Mr. Short)	.. Macaulay
Song—“The Slave Chase” (Mr. Page)	
Comic songs—“Wanted a sweetheart” and “Could not help laughing” (Mr. Downing)	
PART II.	
Pianoforte duet—“Mildred” (Misses Burt)	.. C. Godfrey
Song—“I’ll meet thee at the lane” (Mr. E. Huddleston)	
Dialogue—(Messrs. Gooch, Matthews, Downing, and Barrett)	
Song—“The Bay of Biscay”	.. Davy
(The Rev. G. H. Statham)	
Song—“All among the hay” (Mr. Porrett)	
Part song—“O hush thee my babe”	.. Sullivan
Comic song—“The Uppes’ Row” (Mr. Gooch, jun.)	
Reading—“A pack of Demons” (Mr. F. B. Matthews)	
Comic Songs—“Johannie comes marching Home” and “Laxy Sam” (Mr. Downing)	
.. “God save the Queen”	

AUTOBIOGRAPHY

The autobiography of Mrs Kate Taylor, Part 3.

One winter, while we were yet children, we were ill – I had croup and Flo and Margery had bronchitis – and Mother mentioned to the vicar that she hadn't sufficient bedclothes to keep us warm. In turn he mentioned it to Lady Greene. A few days later a groom arrived at the door with some sheets wrapped in brown paper and a message from Lady Greene saying, 'These will keep the children warm and when the better weather comes, they won't need washing and can be burned'.

My brother Harry started work as a footman, first for a family in the next village and then in London. After a time he became very ill and the doctor told him he must get away from London and get an open air job. As soon as he was fit enough to travel, he went to my sister Alice's, as her husband had been transferred from Bury St Edmunds to Blackpool. Alice had taken over a small boarding house there, having resident boarders in the winter and holidaymakers in the summer. After a period of convalescence with Alice in Blackpool, Harry was fit enough for work again and took a job as a conductor on the trams. Under his sister's care and attention he thrived and enjoyed his work. It was as a conductor that he met and eventually married – a woman of means, a divorcée, with a daughter at a convent in France and a son at college in Dumfries, Scotland. After his marriage he soon tired of the easy life, so they bought a farm in Lancashire, but home and Suffolk held his heart so he changed the farm in Lancashire for one in a village neighbouring Pakenham. There he wanted his brother with him. Being the only two sons in so large a family, they were devoted to each other. Harry hired a small off licence alehouse for George, so George's wife was able to run it while George worked on the farm. George was a shepherd, but would never

have left his sheep for anyone other than his brother. It was during Harry's residence at Mill Farm, that Grannie Miller, now very feeble and old, was considered unfit to live alone. As she was living on parish relief - 1/6 (7.5p) a week plus half a pound of sausages – the relieving officer decided she must be put in the workhouse. This upset Mother terribly. (The Thingoe Union Workhouse was at the top of the hill from the 'Spread Eagle' pub in Bury, next to the old Bury Hospital). The workhouse was a terrible place. She had been such a good mother and had worked hard for all those years that it seemed all wrong. My brother Harry, seeing mother so upset, offered to pay mother five shillings a week for the rest of Grannie's life, if Mother would have her and look after her. Father was willing. Mother talked it over with her two sisters and two brothers, who were living in the village, as Harry made one request – he wanted the corner cupboard from Grannie's home. The aunts and uncles readily agreed; the corner cupboard was a small price to pay to keep Grannie out of the workhouse and to know that she would be well looked after for her few remaining years. She deteriorated into her second childhood, or at least to the past, as she frequently spoke of her youngest son whom she had not seen for so many years, saying he and his little dark haired wife had come to see her, or were coming to tea. She was ninety eight years old when she died. Harry paid the funeral expenses so that she didn't have a pauper's funeral. Harry himself was only thirty two when he died. Mother was with him. Like Margery, he also died from pneumonia. At school there were no 11+ exams or even free place exams, but a School Inspector attended each year to examine all the classes. In my last term at school I passed in Arithmetic and Scripture. The inspector was so pleased with my work that he gave me a penny for each subject from his own pocket. It was wealth to me, but wealth I had to pay for during my remaining few weeks at school.

The Head Master was keenly watching for any chance of a caning. My weakest subject was map drawing, so we had map drawing each and every day. He usually carried a heavy pointer and any mistake meant a hard blow across the shoulders with the pointer. To give himself a better swing with his pointer arm he moved me to a back seat. There he defeated himself, because the boy he sat me beside was good at map drawing. He quickly drew the outline of the maps for me, leaving me to fill in rivers, mountains, principal towns etc.

The Head Master retired at the end of my last term. Before breaking up, each child was presented with a gift. I was the very last to be presented with such. It was a very dirty and torn cigarette card album which had been thrown out by one of his children years before. I accepted it and thanked him very politely, then deliberately tore it up, scattering the fragments on the school floor, defiant to the last. Poor Mother cried. Father just said, "You reap what you sow."

I left school at thirteen and took a place as a general servant in a farmhouse. Mother was with me when I was interviewed by the farmer and his wife. The farmer's wife stated that my wage would be a shilling (5p) a week. Mother explained that I hadn't got cotton dresses, aprons or caps. The farmer said, "Make it one shilling and three pence (6p) a week." The farmer's wife had to agree. She also agreed to buy necessary print for the dresses and hessian for the aprons. I would be expected to make the garments myself and she would keep back my wages until the material was paid for. This was agreed. I worked for the first six months with no wages, and each evening, Sundays included, I sat behind her chair and sewed, thankful for Grannie's example. The farmer was fairly pleasant, but his wife constantly checked me about that extra threepence, saying that she had never paid so much before. I had to help with the dairy work. If she saw me flinch when I was getting dairy utensils out of the boiling sterilising water she would push my whole hand in, saying that it was the only way to get hardened. She was an elderly woman and had been doing dairy work for years. I was only a girl and although my hands were rough they were not hardened as her hands were hardened.

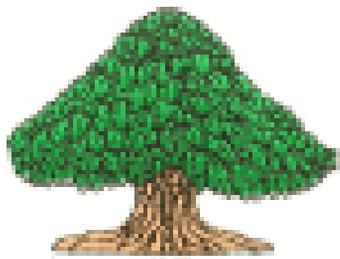
In 1910, being at home and out of work, I was called for as my sister Rose had been taken into hospital and her husband, Tom, had been left to look after five young children. I went although I don't think I was very much help! However, I stayed until Rose was well enough to return to full work. Army pay was small and rations were inadequate, so to make ends meet Rose did servicemen's washing. Bulford was essentially an artillery station and married quarters were stark with nothing but the bare necessities. Soldiers in those days wore heavy flannel shirts known affectionately as 'grey backs', but being thick, they caused the men to perspire profusely! (A man's bundle of washing consisted of one grey back, pants, socks, handkerchief and a towel). I don't recall the exact number that Rose washed for' (no washing machines back then), but together with the seven from her own family it meant that her home was

never free from washing and ironing. I eventually left Rose and took a post in a farmhouse, where the wage was £3 for thirteen weeks' work. It was during my time at Maddington that Father was taken to Bury St Edmunds Hospital for his first operation for cancer and he never really worked again. Their Parish Relief was half a crown (12.5p) a week. By this time only Flo and I were not married. Flo was in service near Bury. She helped with cash as far as she was able and Alice undertook full responsibility for the rent. The farmer's wife for whom I worked was a good woman and would sell me farm butter at half price and a boiling fowl for a shilling and I was able to send these home. When I was paid I would send a small postal order to Father to enable him to buy an ounce of tobacco. Nelly, who lived quite close to Mother, was able to visit often and helped Mother with nursing Father. When Father was sent to hospital for a second operation, Nelly sent for me to come home. I left my beloved Wiltshire, where I had been very happy in spite of the hard work and low wages. I couldn't stay at home long with no work and there was nothing to be earned in Pakenham. I applied for, and obtained, a place as a cook, in London. There I stayed very happily until I was again sent for to go home. I returned and, after a few days with my family, I obtained a post as a cook in Drinkstone. This was within cycling distance from home - I had learned to ride a bike in Wiltshire - so I was able to get home once during the week and every Sunday. Alas, poor Father was beyond help. It was terribly distressing to see him in such dreadful agony and feel so helpless to do anything for him. The doctor never came near. All appeals for him to come were ignored and Father eventually found everlasting rest in August 1918. Nelly went to the doctor for the Death Certificate. Doctor signed "Debility" as the cause of death and yet again as with Margery, he hadn't even seen him.

The story concludes next time.



Front row: L-R. Naomi Balls née Miller, mother of Mrs Kate Taylor; Florence, May Balls, Kate's sister; Harry Balls, father of Kate Taylor. Back row: Mr Carter, a distant relative. Alice, Kate's eldest sister.



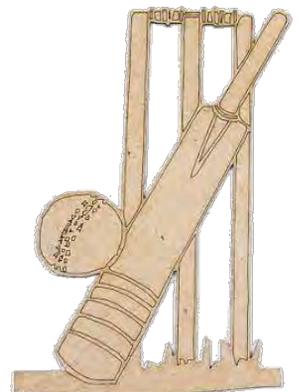
Thurston Cricket Club

Sunday Cricket Team Looking For Players

Thurston Cricket Club is an established, fun and friendly team. From the young players to the not so young players, we want you to join our team!

Our first game is at the end of April and we would love to welcome some new faces.

**Please call
Tony Sadler (Chairman)
on 01359 230 865
or Andy Bendall (Captain)
on 0774 873 1422.**



TALENTED NORTON.

Following lots of very complimentary comments to me about Mrs Jaggard's sketches I have decided to send a further selection. These were all created in 1982.

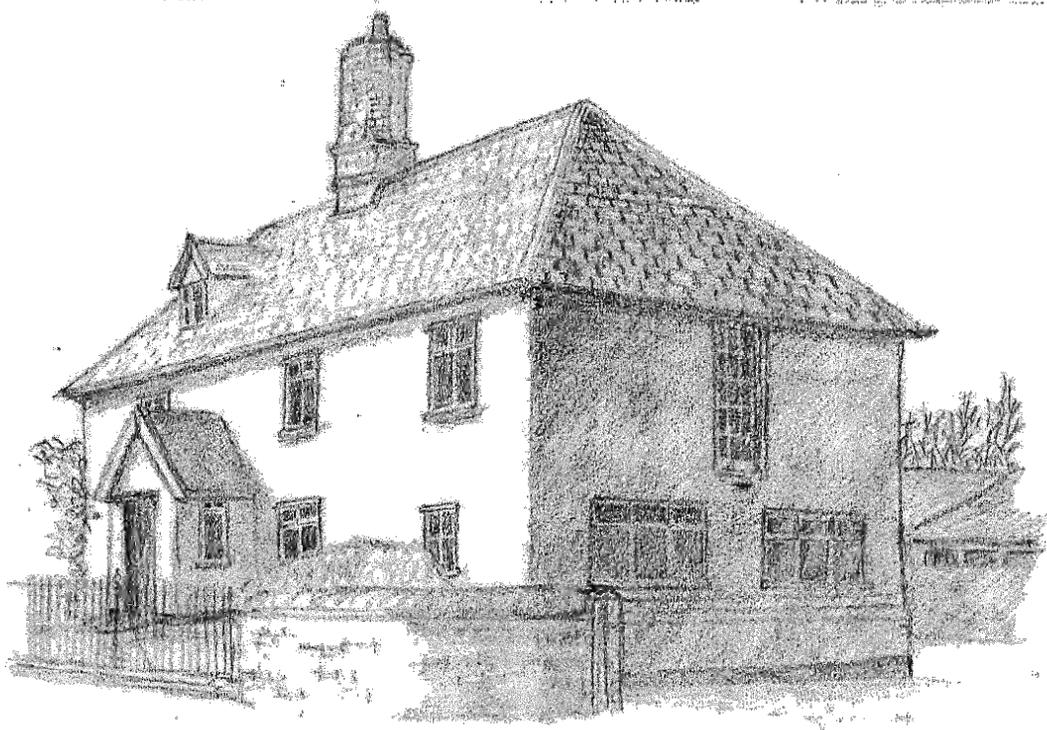
- 1) St Andrew's Church.
- 2) The Old Rectory. This house stands behind St Andrew's Church.
- 3) Street Farm. This farmhouse is in Woolpit Road.
- 4) Orchard House. This was the home and hardware shop of 'Tinner' Brinkley and his wife. It is currently a private house and B & B.



ST. ANDREW'S, NORTON.



THE OLD RECTORY, NORTON.



STREET FARM, NORTON



ORCHARD HOUSE, NORTON

BURY ST EDMUNDS FARMERS MARKET

The Traverse, Bury St Edmunds
Sunday March 9th

10am – 4pm

A line-up of the area's finest producers will be delighting shoppers with their top quality local produce, including Wooster's Bakery who will be showcasing their brand new 'Bury Loaf' especially created for the farmers market, The Beehouse Honey Company will be back with their Bury St Edmunds honey as well as The New England Boar Company, Truly Traceable Pies, Casey's cakes and new stalls selling traditional English puddings, Suffolk pork and gluten free products from Madame Sunshine.

Everything that is sold will have been produced by the person selling at the market giving the customer the opportunity to meet the producer face to face, with the vast majority based within a 30 mile radius of the town. Nothing will have travelled further than 50 miles so it really is buying local at its best!

The December market resulted in an overwhelmingly positive response from locals, visitors, traders and shop owners and we are delighted that the market will be returning on the second Sunday of every month from 10am – 4pm with the dates for the first six months of 2017 as follows:

9th April
14th May
11th June
9th July
13th August

We look forward to seeing you there!

TOSTOCK PAST AND PRESENT SOCIETY

Society (Venue: Tostock Village Hall)

We have had a very good start to our new year with two excellent speakers. In February Dr. Helen Geake shared her extensive knowledge of local archaeology finds in and around Tostock. This was followed in March by Mike Levy, who gave us a very moving account of child refugees fleeing from Nazi persecution in Germany during 1938 and 1939 and being temporarily housed at Dovercourt Holiday Camp.

Our next three meetings are as follows:

April 4th – Alison Brain - Funding and Supporting a Ugandan Orphanage

Alison Brain is a Paediatric Nurse at West Suffolk Hospital, who has also spent the last nine years visiting, fundraising and supporting an orphanage in a far off land. One of her many fundraising efforts is following the Kampalan women's example of making and selling beautiful beads.

May 2nd - Georgette Vale - Julian of Norwich & Margery Kempe: 2 Medieval Mystics

This entertaining evening enlightens and entertains by exploring the lives and devotions of these two remarkable women. Julian was the first authoress and Margery wrote the first autobiography in the English language. We share their visions and take a journey through their books.

June 6th - Evening Visit to Mildenhall Museum (timing and travel arrangements to come)

From the pre-history room with flints and fossils with examples you can touch to the 1950s community room, Mildenhall Museum has something for everyone. You can see the Lakenheath Warrior, his horse and his artefacts from the grave; discover the mystery of the magnificent Mildenhall Treasure; and find out about the key role Mildenhall's air base played in the Second World War.

All our regular meetings are in Tostock Village Hall and commence at 1930 on the first Tuesday of each month.

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Lunch	-	-	-	Salad	Salad	400kcal	
Dinner	-	-	200kcal	400kcal	400kcal	500kcal	
Bonus	-	-	-	-	100kcal	100kcal	
Milk	-	-	††	200ml	300ml	300ml	

🕒 Enjoy breakfast, lunch and dinner as it suits you, at any time.

† Every one of our meals is approximately 200kcal.

†† You can choose to add a small amount of skimmed milk in tea or coffee while you are on Step 2. To help you decide, 50ml of skimmed milk is around 18kcal.

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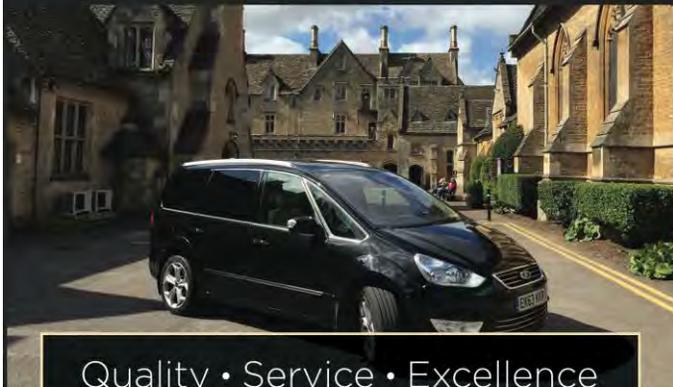
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