

the norton messenger

January 2017



EDITORIAL

Happy 2017!

Thank you, firstly, for the image contribution for the front cover. If anyone would like to send in an image for the February issue, please do so by 15th January.

Please note to all contributors... as of the end of December, the old email addresses for the editor, advertising and webmaster will no longer work. New email addresses are included in the information below, but just to highlight them:

Messenger Editorial : nortonmessenger@gmail.com
Messenger Advertising: nortonsuffolcadvertising@gmail.com
General info / website: nortonsuffolk@gmail.com

If you would like something included in the February issue of the Messenger, the deadline is 15th January. All contributions welcome!

Wishing you a very happy January.

Best,
Sarah

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Norton Village



PARISH COUNCIL NEWS

Chair: Andrew Burt, - andysautofix@yahoo.com
Vice Chair: Kirsten Fullam – kafullam@outlook.com
Parish Clerk: Jill Rowland – rowland@talk21.com

PARISH COUNCIL SUMMARY

This month the Parish Council have been reviewing our budgets for 2017/18. For those of you who are unaware, the Parish Council receives most of its money from money collected as council tax. Only a small percentage of the council tax you pay goes to the parish council but this money is used by us to carry out all of the jobs we have jurisdiction over, for example: street cleaning, replacement and maintenance of play equipment, grass cutting, tree maintenance, street lighting, parks, dog bins.

Currently the precept is set at £20,000. If this stays the same for next year, which may be the case, then the amount that each household will contribute to the Parish Council will be would actually reduce slightly as there have been a number of new houses built.

We have sadly had to make a claim for the damaged speed indicator sign which is on the A1088 as this was hit by a firework. On a more positive note we have placed an order for some new multi height bars for the play area and these should be arriving in the foreseeable future. We are also working on a new village walk for the spring.

NORTON VILLAGE HALL

Thanks to everyone who has been supporting our fundraising activities over the last year. We are delighted to announce that we have raised the funds to commence our toilet renovations.

Work will start on 6th February, 2017, and is anticipated to last eight weeks. There will be a disabled toilet, mother and toddler changing facilities, and a bar included in the renovations – the Hall will join the 21st century at last!

The Parish Council have kindly allocated three car parking places for construction activities which will be used for the duration.

Once work is complete we will arrange an event where everyone can come and see the renovations so keep an eye out for this – a perfect excuse to celebrate!



REGULAR VILLAGE EVENTS

Monday	Toddlesong for 0-4 years -- 0930-1130 -- Salvation Army Hall Jo's fit4all Class -- 1930 -- Village Hall Foodie Mondays at the Norton Dog. £9.95 for 2 courses & £13.95 for 3 courses from a special menu
Tuesday	Carpet Bowls -- 1400 -- Baptist Hall '610' Children's Club -- 1800-1900 -- Salvation Army Hall (term time only)
Wednesday	Zumba -- 1815 & 1930 -- Village Hall
Thursday	Lunch Club at the Salvation Army -- 1200-1300
Friday	Zumba -- 0915 -- Village Hall
Sunday	Norton Adult Football - Contact Aaron (aaron.florian@btinternet.com)

St. Andrew's Norton, Norton Baptist Church and The Salvation Army, Norton Corps.

Please join the churches in Norton for the Week of Prayer for Christian Unity, Wednesday 18th January- Wednesday 25th January 2017.

MORNING PRAYER 09.00 23rd – 25th JANUARY 2017

Monday 23rd: St Andrew's Church,
Tuesday 24th: The Baptist Church,
Wednesday 25th: The Salvation Army Hall.

CHURCHES TOGETHER IN NORTON 'SONGS OF PRAISE', SUNDAY 22nd JANUARY 17:00 at The Salvation Army Hall

followed by refreshments. Choose your favourite hymn/song. If you would like to choose a hymn/song please speak to Revd. Katherine Valentine, Helen Allum from the Baptist Church, or Captains Andrew and Jackie Jarrold.

The three churches in Norton think it is vital that we work together as Christians, especially at the time of Christian Unity when we believe that it is important to come together to pray and support one another and our community in Norton.

SALVATION ARMY

DATES FOR JANUARY

Sunday Services at 11am & 6pm
(Family service/Cafe Church 8th at 10.45am)
Monday Toddlesong 09.30 -1130,
from 9th
Tuesday '610' Children's Club 18.00-19.00,
from 10th
Thursday Lunch Club 12.00,
from 12th

CHURCHES TOGETHER IN NORTON – SONGS OF PRAISE

Sunday 22nd January – 17.00

This special united service will be held at The Salvation Army and will be followed by refreshments. A warm welcome to you to come and enjoy singing some of your favourite hymns. Please note there will be no evening service at the SA on that Sunday.

For more information about services or events at the Army contact Captains Andrew & Jackie Jarrold on 01359 240787.

Email: Andrew.jarrold@salvationarmy.org.uk / Jackie.jarrold@savationarmy.org.uk
website: www.nortonsalvationarmy.co.uk

ST. ANDREW'S CHURCH.

(Part of the Benefice of Pakenham,
Norton & Tostock, with Great Ashfield,
Hunston & Stowlangtoft)

Priest-in-Charge: Revd. Katherine Valentine
Tel: 01359 235095
Email: katherine@kavalentine.plus.com

Our beautiful and ancient church is open daily for visitors and for private prayer.

JANUARY 2017

1st	11.00	Morning Prayer
8th	18.00	Evensong – in memory of Don Delanoy - see below
15th	08.00	Holy Communion
	11.00	Family Service
22nd	09.30	Family Communion
29th	10.00	Benefice Communion at Norton with a speaker from TEAR FUND

DON DELANOY RIP - EVENSONG – Sunday January 8th 18.00

Don had lived in Norton since 1985, had played the organ at St Andrew's for 27 years, and ran a very successful church choir. Sadly he died at the beginning of December and his funeral was just before Christmas at the West Suffolk Crematorium. However, it seems right that we do something to remember him and his wonderful contribution to our worship in church. So our service of Evensong on 8th January will be sung in his memory - it was a service he often had played for - special prayers will be said, and we will include some music he used to perform with the choir. It would be lovely if all who have affectionate memories of Don could come to this service and join in the prayers and the singing.

WEEK OF PRAYER FOR CHRISTIAN UNITY - CROSSING BARRIERS

18th-25th January 2017

The aim of this annual week of prayer is to pray for the unity of all Christian people as we share Christ's ministry. We are fortunate in Norton to enjoy good relations between all our churches, so we pray with thanks for this and for the deepening of our friendship, and for the Christian Church around the world, for greater fellowship and understanding. All are welcome to come to any of the events in Norton below.

BENEFICE SERVICE – 10.00 29th January 2017 - TEAR FUND

This month's benefice service is hosted at Norton, and we will be welcoming as our speaker Val Dufour from Tear Fund. There are so many people in our world who are suffering in very many ways at the moment, but charities like TEAR FUND are on the ground working to help in a multitude of practical ways. The church in this benefice has supported TEAR FUND for several years, so come and listen to how your support has made, and can continue to make, all the difference to people's lives, and give them hope for the future.

NORTON W.I.

We start the new year's programme on Wednesday January 4th by having an afternoon of 'Fun and Frolics'. This is a light-hearted afternoon followed by seasonal refreshments. We meet in the Baptist Chapel hall at 2.30pm. Our usual meeting day is the first Monday in the month but in January this is a Bank Holiday hence Wednesday instead. The programme for 2017 will appear on the Village website. New members are always welcome, for further information please phone our Secretary on 01359 233320

BAPTIST CHURCH.

We would like to take this opportunity to wish all *Messenger* readers a very Happy New Year. We look forward to a new year of growth and a new vision for the work of our church.

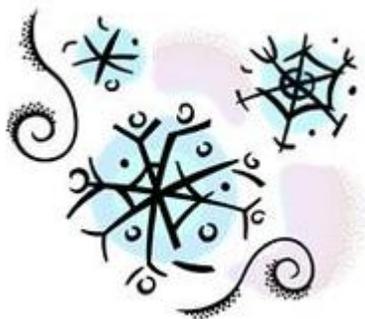
Speakers for January

- 1st – Meeting at Salvation Army
- 8th – Mr David Willson (Communion)
- 15th – Rev. David Harper
- 22nd – Rev Jeff Tunningley
- 29th – TBC.

CAROL SINGING

Carol singing on 13th December raised £115 in aid of Macmillan Cancer Support and St Andrew's Church and we would like to thank the residents of The Street, School Close, Church Lane and visitors to The Dog, who donated so generously. We hope to make this an annual event, singing in a different part of the village next year.

**WE ARE
MACMILLAN.
CANCER SUPPORT**



St Andrews Church – Floodlighting

Would you like to celebrate a special event, memory or person?

Our historic village church looks beautiful lit up at night and you can sponsor the lighting as a celebration which is shared with all the village.

The lights will now be on until 0200.

A list of your dedications will be published in the *Messenger*. There are still opportunities for sponsorship. Only £10 per week.

For details, contact Martin Wood
Email: ali.etal@tiscali.co.uk;
Phone: 01359 242367



Carol singing round the tree on 18th December

DOWN OUR STREET.

This month I have been researching 'The Norton Dog'. This last remaining pub in Norton is obviously very old, but records seem to be surprisingly limited for the earliest days.

The pub is very well positioned at the crossroads on the A1088. As well as its obvious function as a hostelry, it has been used from the 1800s as a venue for a large number of auctions, both of property and goods. Auctioneers, such as George Biddell from Bradfield, William Grimwade of Stonham and John Bloomfield of Billingford Hall, left pamphlets of sale details at many of the better frequented pubs in the area. These included The Crown at Woolpit, Blue Boar at Walsham, Bell at Pakenham, Pickerel at Ixworth, Cock at Stanton, White Horse at Beyton, Bells at Felsham and Hissett and many others in a suitable radius. Household goods etc. would be set out on the forecourt ready for the auction. In those times it was the 'done thing' to sell bulky household items at auction if one was moving to an area which was too distant to warrant the expense of taking the lot by horse and cart. Very often one sees items such as beds and bedding, dining tables and other bulky furniture, long case clocks, garden tools and brewing equipment on the lists. Sadly, when elderly folk 'passed on' all their house's contents, livestock and farming equipment would be sold this way and, if they owned the property they lived in, this could also come up for sale by the executors.

The attached meadows at the rear were used for bullock markets, where drovers would bring animals for sale. The prized animals were particularly 'Scotch Beasts', a cross between a shorthorn bull and a polled (de-horned) Aberdeen or Angus cow. The meadows were also the venue for farmers to bring mares to receive the services of notable stud stallions. These animals would be taken from pub to pub (up to four a day) and would arrive at the times advertised in the Suffolk Chronicle.

The Suffolk Fox Hounds regularly met at The Dog corner from the 1850s onwards.

Adjoining the pub was the two storey Maltings building, where barley was prepared ready for the brewing process. In 1852 the rental for the Pub and the Maltings was £96 a year. An article in the Bury and Norwich Post of October 1856 lists some of the items sold when the then landlord became bankrupt:- 3 x 600 gallon store casks, 700 gallons of 'old' beer (dark, malty beer generally above 5% abv.), 6 coomb brewing copper, (coomb = 4 bushels or approx. 140 litres), 6 coomb mash tub, 22 sweet beer pipes (pipe = 126 gallons), 3 beer coolers, wort pump, stillion (cask stands), sacks of hops, wort troughs and numerous other items. The building was also the initial meeting place for the fledgling Salvation Army Corps 132 years ago as they met around the malt kiln. It has always been a tradition in the village for the Army to hold summertime open air

evening services around the area of the War Memorial. In August 2009, the then landlord caused an uproar in the village when he asked the Army to end these services. The Bury Free Press carried the story and quoted Brian Sadler, who was born in 1940 in Norton, who said, 'I can remember the band playing next to the Memorial all my life and the tradition probably goes back to the end of WW1.' Thankfully, the tradition has been reinstated.

In 1866 landlord John Gooch ran a Rural Sports Event on Whit Tuesday and Wednesday, including races between trotting ponies in full harness and races over hurdles, horse and pony racing and dances each evening with an excellent band.

From 1845 onwards, The Ipswich Steam Navigation Company ran a horse drawn omnibus service leaving from The Ixworth Pickerel at 05:45 to Stowmarket Fox for 07:15, via Norton Dog at 06:00. This service connected with a further one to Ipswich's 'Steamboat Tavern' (near the far end of the current railway tunnel, at Stoke, Ipswich) from where at 09:00 the 'Orwell' steamer set sail for London with a pick up and drop off at Walton on the Naze. The service ran Monday, Wednesday and Friday mornings, with returns on Tuesdays, Thursdays and Saturdays, all for the princely sum of six shillings and sixpence from Norton! (However in 1850, an average farm worker's pay was about nine shillings a week or 45p in today's money and accommodation costs for living in a tied dwelling would be deducted from this.) I imagine that the steamer service didn't last too long, as the Bury to Ipswich and Ipswich to London rail links came into being within five years, in the late 1840s.

In the late 1950s, landlord Eddie Edmundson kept cattle floats in the Maltings as well as at his site in Heath Road, now Jubilee Close. After the Maltings were demolished, quoits beds were laid out and Norton played league matches there.

You may have noticed that the left side of the pub building is weather-boarded. This was a separate dwelling where Mrs Hines lived. (If you remember, she was the pianist for local dances.) Mrs Hines had a shed-like building where the front lawn is and from this she sold fish and chips whilst her son did deliveries locally on his bike. Before this became a dining area, the Lounge finished at the dividing wall and the serving area was in front of the chimney, which had not been revealed. The right hand side of the pub was the Public Bar and pub games such as darts and cribbage etc. were regularly played. I remember the bar billiards table taking centre stage back in the 70s. There were trestle tables and benches and the bar ran front to back. There was a window through to the bar from the entrance lobby. This was made of obscured glass and opened inwards revealing a narrow counter at chest height to facilitate off licence sales of bottled beer, cigarettes etc. I also need to mention the painted pub sign of a German Shepherd Dog,

probably Albert and Laura Gage's dog, Hannah, and before our current one there was the Airedale Terrier.

The earliest mention I have been able to find in a newspaper comes from The Ipswich Journal where on 10th November, 1745, when a chestnut mare belonging to Edmund Prick either escaped or was stolen from a pasture in the village. Edmund offered a handsome reward and all costs to anyone who would return her to Norton Dog. One can only surmise that The Dog was a flourishing pub and the centre of village life back in those times.

Record of Residents or Publicans of 'The Norton Dog'.

Key to references. Ipswich Journal. IJ. Suffolk Chronicle. SC. Bury and Norwich Post. BNP. Bury Free Press. BFP. Census. Cen. White's Directory. WD. Kelly's Directory. KD. Post Office Directory. POD. Village Memories. VM

Mr Spencer. Pre May 1818. Death of wife. Cited as formerly of the Dog Inn, Norton. SC.

Robert Pattle. 1815. Shew of Bullocks and meal. SC. Death of Publican of Norton Dog. SC.

1830 death of wife Rebecca Pattle, formerly of The Dog aged 48. BNP.

Mrs Palfrey. 1822. Of Dog Inn. Witness to robbers. BNP

James Frost. 1824. Hosting the Cattle Show and Bullock Mart. SC

William Smith. 1826. SC. 1841. Publican. Cen. + SC. 1844. Publican and Maltster. WD. Died 1848 having been landlord for 22 years (Since 1826). SC.

Joseph Copley Smith. 1851. Innkeeper. Cen. 1855 J C S. WD. 1856. J C S. Leaving Dog on 1st October. IJ + BNP. Joseph died on the 6th October, 1856. BNP.

John Gooch. 1861. Plumber and Victualler. Cen. 1865. J G. at The Dog. KD. John Gooch moved and became the landlord of the Plumbers Arms for next 30 years. The Plumbers Arms, which he named after his trade and profession, became a fully licenced public house, able to serve spirits in 1874. (It ran in opposition to the Norton Dog for 125 years). John was involved in the church and was a stalwart of the Norton 'Hand of Charity' Lodge of Oddfellows, a movement which helps its members in hard times. The Norton Dog was the Lodge House until John moved to The Plumbers Arms and the lodge moved too. He also continued to run a plumbing and painting and decorating business and ran the mail cart from Norton to Bury. He died on 19th April, 1898.

Daniel Ruffell. 1869. Dog Inn. BFP.

Jonathan Gardiner. 1871. Innkeeper, Maltster and Brewer. Aged 30. Cen. 1873. Bankruptcy proceedings. BNP.

John Smith. 1878. Meeting of creditors as he is bankrupt.

Arthur Brand. 1878. BFP. 1881. Innkeeper aged 31. Cen. 1888. Dog. 1891/2. Licensed Victualler + family. Cen. POD. Arthur died in January 1898. He had been the landlord at The Dog for almost 20 years. His wife had died in 1889 aged 40. BFP.

Robert Brand. 1900. Publican. 1901. Cen. Publican aged 37. POD. (Brother of Arthur Brand)

Richard Harriss. 1911. Licenced Victualler aged 64. Cen. 1916. POD. 1916 Landlord's uncontrolled dog. BFP.

Thomas William Cutting. 1922. POD.

Herbert Squirrel. 1933 and 1937. POD.

Eddie Edmundson. 1950s. VM.

Bob Prior. VM.

Albert & Laura Gage. 1970-Abt 1985. VM.

Danny Jarvis. c. 1985-1990. VM.

Steve & Jean Manley. 1991-99. VM.

Laurie & Donna Wise. 2000-2009. VM.

Agency Managers for Greene King. VM.

Stephen Phillips. 2009. VM.

Lisa Freeman. c. 2010-2012. VM.

Michael and Sharon. (Current).

If anyone is able to add to the info or give more accurate details or provide photos of the inside of the pub before it changed, landlords or landladies or pictures of pub matches, darts or quoits, I should be most grateful . David. bg55599@hotmail.com

Photo 1. The Dog in About 1910.



DO YOU NEED MOTIVATING TO IMPROVE YOUR HEALTH?

So many of us start each new year feeling unhealthy after all the seasonal indulgences and find our clothes tighter than we'd like them to be, which is no surprise when you hear that the average Brit eats 7000 calories on Christmas Day alone.

Very often, we're blasé about what we put our bodies through, with most of us taking our own body for granted. It's easy to see the results of our indulgences on the outside, but what about the inside? Eating healthily and drinking in moderation are not just about our waistline, it's about our health too. You may be happy with how you are, but is your body? Nobody wants to suffer from high blood pressure, high cholesterol, diabetes or other illnesses which overweight people are known to be at risk from. So what stops us from addressing our own risk?

It can be scary to change, particularly if you've been overweight a long time. I know this from personal experience. Until I changed my lifestyle 10 years ago, I ate what I wanted, when I wanted with not a care for the consequences – I simply ate food because I liked the taste of it and it made me feel better: I didn't like my expanding waistline! I'd lost all control around food, and didn't know how or what to do about it. I felt stuck in a rut, and once you're used to eating large quantities of food, it is hard to stop doing so and make changes. I never thought I could change, but I did - and you can too.

So, what worked for me? Group exercise to music and a support network. For me it was invaluable that I found an exercise I enjoyed, and I discovered this in January 2007 through Rosemary Conley classes, plus I followed a sensible diet. Oh, my goodness – it so worked, even though I didn't believe that it could. I honestly thought I



was destined to stay "fat" for ever, but that wasn't the case as I lost five stones.

Following that, in 2009 I trained to become a fitness & nutrition instructor for the classes, opening one in Norton in 2010, as well as others, but sadly the classes finished in 2014. So, I launched my own independent classes called Jo's Fit4all Classes instead.

I love my job. I love helping and motivating people and making exercise fun, something I never thought it could be! Most of all I love seeing people blossom as they lose weight, becoming more confident, and very often being able to come off medication for blood pressure and type 2 diabetes.

With recent scary statistics about how many of us could be suffering from diabetes due to the rise in obesity, I know for one that I don't wish to be included in that statistic. I am so pleased I managed to turn my life around, because for the last 10 years I've lived my life to the full, much more than I did in the previous 36. If you need motivation to take action and believe that it's possible, then take a look at this photo of Jackie Stevens, one of my 2017 Slimmers of the Year from my Norton class.

If your new year resolution is to lose weight, then don't look back at the end of this year making that same resolution again. Do it now! Make 2017 a great year for you. Happy new year! If you would like more information on my classes, then my website is www.josfit4all.co.uk.

Jo Butcher





Suffolk Cruse Bereavement Care

We are a charity set up to help bereaved people to understand their grief and cope with their loss. We provide information, one to one support and offer advice, education and training services. We also have a specialist Children & Young People Team.

If you would like to volunteer to support bereaved people, help on our Area Committee or with publicity and fundraising please contact us.

For help or information please telephone your local Branch:

Ipswich 01473 230888

Suffolk Coastal 01394 670770

North Suffolk & Great Yarmouth 01502 722234

West Suffolk 01284 767674

Further information can be found at www.cruse.org.uk, www.suffolkruse.co.uk or email suffolk@cruse.org.uk

"I felt my counselling with my volunteer was very helpful indeed, at a time when I felt isolated and at times desperate".

Norton & District Twinning Association



Menu

To Start
Join Norton & District
Twinning Association

Main Course
Meet new people and enjoy
our many events

Dessert
A chance to go to France and to
host our friends from Muids

For further information please call our membership secretary
Jane Williams on 01359 244 654

Norton Pre-School

Honeywood Corner, Ixworth Road, Norton, Bury St Edmunds, IP31 3LE
e-mail: thenortonps@yahoo.co.uk

Dear Villagers,

Ofsted have finally published our latest Ofsted inspection report from 17th November, 2016.

We are now pleased to be able to tell you that we received a 'good' outcome in all areas.

If you would like to read the full inspectors report please go online to: <http://reports.ofsted.gov.uk/inspection-reports/find-inspection-report/provider/CARE/EY312532>

We would like to say a huge well done to all staff, the new committee, previous committee, children and any volunteers that have recently supported the Pre-School.

Happy 2017!





Norton is home to West Suffolk RSPCA rescued rabbits.

To see some of our rabbits, please look at our website
rspcasuffolk.org.uk

Or arrange a visit by telephoning
Deb: 01359 242343



Suffolk Prickles Hedgehog Rescue

A few villagers at the far end of Ashfield Road are overwintering some hedgehogs.

These are too small to make it through the winter and have to be fed, watered and provided with fresh bedding every day. They need a lot of newspapers and ideally newspaper shreadings but other shredded paper is also useful.

If anyone has any newspapers we could use then please just leave them in our porch and we will distribute them to the others.

Thanks Nathan - Bramley's (last house on the left)



For more information on the charity, please see
<https://www.facebook.com/groups/PricklesHedgehogRescue/>

Left: Scarlet doing the crossword

NORTON CEVC PRIMARY SCHOOL

Caretaker



Salary: £14,514 pro rata (£7.52 per hour)

Job term: Part-time. 3.75 hrs per week. Term time only.

Appointment: Permanent

Closing Date: Thursday 12 January 2017

Interview Date: Thursday 19 January 2017

Place of work: Norton CEVC Primary School, Norton, Bury St Edmunds, Suffolk. IP31 3LZ

Website: www.norton.suffolk.sch.uk

Required for February 2017, to join our welcoming and supportive team for 3.75 hours per week. 38 weeks per year. Morning hours 7.30am-8.15am.

Caretaking tasks include

- Ensure that the premises are unlocked and ready for the school day
- Keep playground and paths clean and litter free, as directed
- Set out Respect Zone cones
- Test fire alarm call points

Visits to the school are most welcome. Please phone Mrs Rapley at the school office for an appointment. Please note the school will be closed from 21 December 2016, reopening on 4 January 2017.

If you require further details and an application form, please contact the school on 01359 230520 or email office@norton.suffolk.sch.uk

Applications should be returned to the Headteacher, Mrs Stella Hart, at the school.

This school is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. A DBS check will be required of the successful applicant.





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There is always something new to look at when you visit Hillcrest

**We would like to take this opportunity
of saying THANK YOU to all our
customers this year. And wish you all
a very HAPPY NEW YEAR in 2017.**

**CLOSED FOR RENOVATIONS
January 9th ~ 13th**

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RE-OPENING SATURDAY JANUARY 14th



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